

Our Extended Team

Within the Health Centre we offer working space to the following clinics:

MSK—Health Share

The NHS physiotherapy and podiatry service now provided by Health Share operates from the Health Centre at varying time during the week.

Cardiology and Echotech

The Cardiology team from the John Radcliffe Hospital hold clinics twice a week. This means patients can be seen more locally avoiding journeys into Oxford.

Community Ultra sound

When one of our GP's refers a patient for a non-obstetric ultrasound, they can now be seen in clinic at the Health Centre on a Thursday.

Footworx podiatry

Footworx podiatry is a husband and wife team, with a combined experience of over 36 years, they offer a range of treatments for painful foot conditions.

Acupuncture

Kate Roberts holds a private acupuncture clinic at the Health Centre every Wednesday and Friday.

Counsellors

A range of independent private and NHS counsellors hold clinics at the Health Centre.

Audiology

Nigel Tutton is a private audiologist and has a clinic at the Health Centre every Friday afternoon.

Micro suction ear treatment

Tara Tripp provides micro suction ear treatment and has a clinic at the Health Centre every other Tuesday.

Dermatology

Private Dermatology clinics are held at the Health Centre once a month.

Our Extended Team

My Dermatologist

Dr Jonathan Bowling holds a private dermatology clinic at the Health Centre on Fridays.

Veincentre

Veincentre hold clinics at the Health Centre. They offer private varicose vein treatments such as EVLA and Foam Sclerotherapy.

Wellbeing

A regular Yoga therapy group is held on Wednesdays, run by Nikki from Yoga focus; and a Qigong for health and wellbeing group, run by Pam Quirke is held on Mondays.

Sports physiotherapy

Private clinics held by Paul Jeffery on Fridays.

Cotswold Skin

Dr Chrissie Coffey's private clinic brings expertise and dedication of the highest clinical standards. Offering non-surgical cosmetic treatments for wrinkles, loss of facial volume and aesthetic enhancement.

Citizens advice bureau

CAB have two representatives at the Health Centre on Wednesdays 9.30-12.30 & 13.30-16.00.

Social prescribing

Social prescribing is a means of enabling primary care services to refer patients with social, emotional or practical needs to a range of local, non-clinical services, provided primarily by the voluntary and community sectors.

Our social prescribing facilitator will establish the patients exact social needs and direct them towards suitable local organisations or community groups. The aim is to encourage patients to be active in seeking wider social support.

Patients will be referred by a clinician to see the social prescribing facilitator.



Working together to provide first class care

What is a Multidisciplinary Team?

A Multidisciplinary team (MDT) brings together different healthcare professionals with specialised skills and expertise. The members work collaboratively and share knowledge.

Why have a MDT?

We are rising to the challenges that face GP surgeries by making it our priority to deliver appropriate care to our patients. By appointing specialists to co-ordinate with our GPs and our other existing clinicians we can offer a well rounded model of care and deliver a service that will ensure our patients receive **THE MOST APPROPRIATE TREATMENT, FIRST TIME.**

How does the MDT work at Chipping Norton Health Centre?

Our reception team has been specifically trained to qualify as 'Care Navigators' to guide you through our appointment booking system. Our care navigators may request information regarding your condition in order to assess which MDT member will be best suited to treat you.

Let us introduce our Multidisciplinary Team...

GPs

If you have a chronic long term condition it is often best to have consistent care from a GP.

Some of our GP's specialise in particular areas of care such as dermatology, contraception, and joint injections.

Our care navigators will be able to direct you to the correct GP for specialist appointments.

Advanced nurse practitioners

Our advanced nurse practitioners are able to assess and treat minor illnesses such as: sore throats, coughs, colds, rashes and many more problems.

They can deal with minor injuries to a limb, animal bites, insect bites and minor head injuries. They are also able to prescribe medication.

Practice nurses

Our practice nurses can help you to manage chronic conditions such as: asthma, heart disease and diabetes and hypertension. They can offer advice about contraception methods, carry out cervical smear tests and can change surgical dressings. They hold child immunisation clinics twice weekly.

Health care assistants

Our HCA's carry out health monitoring services such as: blood taking, blood pressure reading, ECG's, weight management and lifestyle counselling. Some of the HCA's have undergone further training in order to be able to change surgical dressings and administer certain injections.

Nurse associate trainee

We are currently supporting one of our HCA's in her training to become a nurse associate. This training and resulting qualification will mean that she will be able to undertake the same work as our practice nurses, with the exception of smears, immunisations and administering travel vaccines.

Clinical pharmacist

Our clinical pharmacist is able to assist you with the majority of issues relating to medication.

The clinical pharmacist is the best person for you to see for:

- Medication reviews, requests and queries
- Problems with medication
- Finding alternative medication
- Follow up appointments after a new medication has been started

The clinical pharmacist also monitors discharge summaries we receive for patients that have been released from hospital care and they will make changes to medication when needed.

Optician & minor eye conditions service (MECS)

Chipping Norton Opticians are based at the Health Centre. They offer appointments for NHS and private routine eye tests.

The minor eye conditions service is the only one of its kind in the area. The minor eye conditions they can treat include:

- Red eye or eyelids
- Dry, gritty, irritable and uncomfortable eyes
- Sticky or watery discharge from an eye
- Recently occurring flashes and/or floaters
- Painful eye including pain with bright lights
- Recent and sudden changes in vision
- Foreign body in the eye
- Unusual eye appearance (lumps and bumps)

If you call the Health Centre with any condition such as these, our care navigators will transfer you straight to the opticians for them to triage you. Their direct number is 01608 648012. They book their own appointments and will book you in if you need to be seen.

Physio first

We can offer musculoskeletal assessment appointments with our physiotherapists. These appointments are subject to strict criteria. To comply with these criteria our care navigators will ask a few questions to establish the suitability of an appointment with the Physio first team.

The team can assess conditions such as:

- Acute sports injuries
- Low back pain
- Cervical spine/neck pain
- Shoulder pain/stiffness/impingement
- Elbow pain/stiffness
- Wrist/hand osteoarthritis
- Hip pain/weakness
- Knee ligament damage or specific injury
- Foot or ankle sprains or plantar fasciitis

Mental health nurses

Our mental health nurses are specialists in the care of patients with conditions such as:

- Newly diagnosed depression
- Anxiety (long or short term)
- Low mood
- Schizophrenia
- Bipolar disorder
- Long term depression

You cannot self refer to see the mental health nurse. Patients must already have seen a GP before commencing treatment with the mental health nurses or be undergoing care for their condition already. Our care navigators will only offer you an appointment with a mental health nurse upon instruction from a GP.